



Project Child Recovery

The YWCA NWT is pleased to offer After School Programming for boys (and those who identify as boys) ages 8-13!

This is a **FREE** program put on by community funders and YWCA NWT. This program focuses on creating strong and resilient young leaders by creating a safe place for children to explore their passions and gifts.

Child Recovery meets once a week for fun activities related to topics such as:

- | | |
|--------------------------------|-----------------------------------------|
| ✓ Healthy Relationships | ✓ Action-Figure and Hero Culture |
| ✓ Bullying | ✓ Positive Self image |
| ✓ Stressors | ✓ Individuality |
| ✓ Anger | ✓ Self Esteem |

Kids will be physically active and have a safe place to ask questions. A light snack will be provided as we delve into that week's topic. Activities are age-appropriate and modified according to the needs of the child. We believe that all children have a right to know their bodies, and any questions asked will be answered in a thoughtful, straightforward, and age-appropriate manner.

If you would like your child to participate in this after school group, please sign the consent form. If you have any questions, please contact Brendan Hancock, PCR Coordinator, at **(867) 445-3727** or email **childrecovery@ywcanwt.ca**.

Sincerely,

Brendan Hancock

Project Child Recovery Coordinator,
YWCA Yellowknife



Dear Parents/Guardians;

As Coordinator for YWCA Project Child Recovery, I would like to take this opportunity to welcome your children to participate with us in this worthwhile project.

The YWCA of Yellowknife has a strong belief in enhancing the lives of the children in our community. With today's constant changing society, children have been forced to try to keep up with the pressures that surround them. Sometimes these pressures are beyond their coping abilities. Child Recovery helps children learn healthy coping strategies while building a strong self-worth and understanding of the things that prevent them from always being carefree.

Child Recovery focuses on learning, discovery and growth. The sessions are designed to enhance the children's belief in themselves as well as the support systems they have in place. The sessions talk about a variety of topics from trust, self-esteem, feelings, family violence, importance of family, safety and of course any other issue the children may be experiencing in their lives. Child Recovery can adapt their lessons to different topics as well, such as divorce, grief, bullying, and so much more.

Through these sessions, the children will learn how to identify and cope with their feelings, learn how to make healthy choices, and discover and accept the things they can and cannot change. There are so many fun activities for the children to participate in that it makes learning easy.

Attached to this letter, please find an intake and consent form that we request you sign and return to us so we can find the perfect group for your child. We ask that you answer the questions to the best of your ability. These forms remain confidential, and are helpful in terms of addressing issues which may arise as a result of the various group discussions.

I welcome and encourage your questions, comments, concerns and suggestions at any time. As the Project Coordinator, I can be reached at **(867) 445-3727** Monday to Friday, 10am-6pm, If I am unavailable, please leave a message and I will return your call as soon as possible. Alternatively, I can be reached through email at **childrecovery@ywcانwt.ca**. On behalf of the YWCA, we hope to provide you and your child with a rewarding experience through Child Recovery.

Sincerely,

Brendan Hancock
Project Child Recovery Coordinator
YWCA Yellowknife



YWCA Project Child Recovery

All information on this form is kept confidential. Please provide as much information as possible.

Personal Information

Youth's Name: _____

Parent/Guardian Name: _____

Relationship to Youth: _____

Street Address: _____

City: _____ Prov./Terr.: _____ Postal Code _____

Home phone: _____ Cell phone: _____ Work: _____

Email: _____

Child's email: _____

Child's Cell _____ Date of Birth YEAR/MONTH/DAY Age: _____

Name of School: _____ Grade: _____

Although the program activities are not considered dangerous or high risk, by signing this consent form you will be releasing YWCA NWT from any responsibility for any accident occurring during the program hours. This waiver refers to the usual risks that are involved with the activities described above. It is you and your son's responsibility to inform the program facilitator if you or he is not comfortable participating in any of the noted activities or if there is any reason why he should not participate.

I, _____, give permission for my child, _____, to participate in the YWCA After School Program. I give this consent without pressure or coercion and understand my right to give, withhold, or revoke consent at any time without reason.

Signature

Date



Has your child been exposed to any forms of violence (physical abuse, emotional/verbal abuse, sexual abuse, abuse between siblings, substance abuse, bullying, etc.)? ☐ Yes ☐ No

If 'Yes' please explain:

As a result of violence, have you noticed any:

- Behaviour problems with your child (acting out, withdrawn, etc.)? ☐ Yes ☐ No

If 'Yes', please explain:

- Emotional problems with your child (very angry, crying a lot, unemotional, etc.)? ☐ Yes ☐ No

If 'Yes', please explain:



- Social problems with your child (fights with other children, difficulty making friends, etc.)?

☐ Yes ☐ No

If 'Yes', please explain:

Please provide any other information about your child that you feel would be relevant to their involvement in this group. _____

Signature of Parent/Guardian

Date